



CORNERSTONE COMMUNITY

NEWSLETTER DECEMBER 2019

Merry Christmas

It's that time of year again! Christmas is just around the corner.

But have we stopped and pondered, what is the real meaning of Christmas? Is it about the gifts under the tree, the lights in the windows, Christmas cards, turkey dinners with family and friends, holidays, stockings hanging in the living room, and shouts of 'Merry Christmas' to those who pass us in the streets?

For many people, Christmas can be a time of sorrow. They don't have the extra money to buy presents for their children, family, and friends.

Many are saddened at Christmas time when they think of their loved ones who will not be able to come home for various reasons. Turkey dinners may be only a wish and not a reality for some.

Yet, Christmas can be a season of great joy. It is a time we remember that God showed his great love for us. It can be a time of healing and renewed strength. You see, Christmas is when we celebrate the birth of Jesus. God sent his son, Jesus, into the world to be born.

His birth brought great joy to the world. Shepherds, wise men and angels all shared in the excitement of knowing about this great event. They knew this was no ordinary baby.

The prophets had told of his coming hundreds of years before. The star stopped over Bethlehem just to mark the way for those who were looking for this special child.

Jesus was born so one day the price could be paid for the things we have done that are wrong.

If we believe that Jesus died for our sins, we can surrender our lives to him and ask him to come into our hearts. God will forgive us. We can be confident that we are forgiven, we are made new, we have a brand-new start and that heaven is a place where we can go to when this life is over!

From all of us here at Cornerstone Housing, we pray that you have a wonderful Christmas and a prosperous new year in 2020!

Dan Pisulak
Community Engagement Facilitator



Christmas & New Years opening hours

Our office will be closed from Wednesday 25 December to Wednesday 1 January. We will reopen on Thursday 2 January.

Our after-hours phone (0413 618 810) is available for emergency and urgent maintenance only.

All other inquiries, such as rent, will be attended to on Thursday 2 January.

Examples of emergency work orders:

- electric shock issues
- earth wiring issues
- no power to the property
- bee and wasp nests (medical emergency).

Examples of urgent work orders:

- no hot water
- blocked toilets, other than where there are multiple toilets at the property
- water leaks.

Thank you for your cooperation!



Get support from a community chaplain

In November, we had four people from our local support groups (Life House Church Murray Bridge, Encounter Church Gawler and ONE Life Church Parafield Gardens) undergo training to become nationally accredited chaplains through Chaplaincy Australia and Alphacrucis College.

Our vision is for chaplains to act as a bridge between the community and the church by meeting with you, listening to your life's struggles, and referring you to professional support services.

Who are chaplains?

Chaplains are equipped with skills in pastoral care and theological training. They minister to people facing deeply distressing and traumatic situations, enabling them to better cope with periods of instability.

Chaplains are men and women of all ages, who are trained to offer practical and compassionate care and support, regardless of race, gender or culture. They do not impose their own spiritual views on others; instead, they allow people to explore and examine their own beliefs and meaning of life.

What do community chaplains do?

They:

- provide a free service to you
- are present and are good listeners
- provide a safe environment for people to share their feelings
- help people work through life issues
- assist in times of crisis
- provide support in times of grief, loss and trauma
- are trained and accredited.

Chaplains also network with:

- drug and alcohol support
- aged-care services
- counselling services
- youth programs
- rehabilitation programs
- emergency food care
- family welfare services
- financial advisory services.

How do you get in touch with a community chaplain?

Call
ONE Life
Community
Assist on
8258 3865

Christmas events

Visit a local church near you for a Christmas service, or check out one of the events below.

CAROLS

City

Christmas on Angas, 13 & 15 December, Life Christian Centre, Adelaide

Tradition Carols, 17 December, Trinity Church Adelaide, North Terrace, Adelaide, 7.00pm

A Night of Carols, 21 December, City Salvos Church, Adelaide, 4.00pm

North

Carols Night, 14 December, Salvos Oakden, 7.00pm

Mawson Lakes Community Christmas Carols, 14 December, Mobarra Park, Mawson Lakes, 6.00pm

Gawler Carols 2019, 14 December, Pioneer Park, Gawler, 4.00pm

Civic Park Carols, 15 December, Civic Park, Modbury, 4.00pm

CarolsAlive 2019, 15 December, CityReach Oakden, Northgate, 5.00pm

Community Carols, 15 December, Parafield Gardens High School, 6.00pm

Paradise Carols and Fireworks, 20 December, Influencers Church, Paradise, 6.00pm

Family Carols, 21 & 22 December, Lifepoint Church, Modbury North

Christmas Eve Carols Event, 24 December, OneLife Church, 11 Park Terrace, Gilberton, 7.00pm

East

St John's Carols, 15 December, Concordia College Chapel, Highgate, 8.00pm

South

Community Christmas Carols in Ramsay Place, 12 December, Noarlunga Centre, 6.00pm

Southern Community Christmas Carols, 15 December, South Adelaide Football Club, Noarlunga, 5.30pm

2019 Aldinga Bay Community Carols, 15 December, Symonds Reserve, Aldinga Beach, 5.00pm

Carols in the Square, 15 December, South West Baptist Church, Seacliff, 5.00pm–7.00pm

ABPC Carols in the Park, 18 December, Mandilla Reserve, Aberfoyle Park, 7.00pm

Christmas Carnival & Carols, 22 December, Salvos Noarlunga, Morphett Vale, 4.30pm

West

Seaside Carols at Semaphore, 15 December, Semaphore Beach foreshore, 12.00pm

Twilight Christmas Carols at Morphettville, 15 December, Morphettville Racecourse, Morphettville, 5.00pm

Christmas in the Square 2019, 15 December, Henley Square, Henley Beach, 6.30pm

Carols by the Marina, 15 December, Fotheringham Reserve, North Haven, 6.30pm

Christmas Carols Festival, 18 December, Mellor Park, Lockleys, 7.30pm–10.00pm

Adelaide West Carols, 22 December, Impact Church: Adelaide West, Woodville Park, 6.00pm–9.00pm

Regional

2019 Nairne Community Carols, 14 December, Nairne Primary School, Nairne, 4.00pm

Woodcroft Carols in the Park, 14 December, Equestrian Drive, Woodcroft, 5.00pm

Carols and dinner, 22 December, Salvation Army, Mt Barker, 5.00pm

Christmas Where the Angas Flows, 13 December, Strathalbyn, 6.30pm

Loxton Community Carols, 15 December, East Terrace, Loxton, 7.00pm

Christmas in Kadina – Carols and Parade, 16 December, Graves St, Kadina, 5.30pm

Influencers Clare Valley Carols, 22 December, Influencers Church Clare Valley, Clare, 5.00pm

PAGEANTS AND PARADES

South

The Reynella Christmas Pageant, 13 December, Old Reynella, 4.00pm

Regional

Tailem Bend Christmas Parade, 14 December, Railway Terrace/Willow Street, Tailem Bend, 5.00pm

Victor Harbor Christmas Pageant, 14 December, Ocean Street, Victor Harbor, 5.30pm

Christmas in Kadina – Carols and Parade, 16 December, Graves Street, Kadina, 5.30pm

Cleve Christmas Pageant, 20 December, Main Street, Cleve, 6.00pm

MARKETS

City

Christmas Twilight Markets, 15 December, Victoria Square, Adelaide, 5.00pm

Twilight Market & Movie Night, 15 December, O'Connell Street, North Adelaide, 4.00pm

South

Marion Christmas Bazaar, 14 December, Warracowie Way, Oaklands Park, 5.00pm

Christmas Market Fun Day and Community Carols, 14 December, Marion Church of Christ, Mitchell Park, 4.00pm

Family Christmas Service: Production & Market, 15 December, Enjoy Church, Melrose Park, 4.00pm

West

The Makers and Shakers Christmas Market, 14 December, Woodville Town Hall, Woodville, 10.00am

Regional

Lights of Lobethal Festival Market, 8–29 December, Centennial Hall, Lobethal, 6.00pm

Gathered Christmas Design Market, 13–15 December, Main Street, Hahndorf, 4.00pm

Gathered Lobethal Christmas Design Market, 13–15 December, Lobethal Old Woollen Mill Markets, 5.00pm

Christkindlmarkt Hahndorf Christmas Markets, 13–15 December, C3 Church, Hahndorf, 4.00pm

Special Christmas Edition POP Market, 14–15

December, Hahndorf Memorial Institute, Hahndorf, 2.00pm

Mount Pleasant Farmers Market Christmas Twilight, 20 December, Mount Pleasant Farmers Market, Mount Pleasant, 5.00pm

CHRISTMAS FESTIVALS, PARTIES AND EVENTS

City

Christmas Lights, Festive Nights, 13–22 December, Victoria Square, Adelaide, 5.00pm

Christmas Steps, 14 December, Trinity Church, North Terrace, Adelaide, 4.00pm

Christmas with Choral Grief, 17 December, Carclew, North Adelaide, 5.30pm

North

Christmas Festival, 15 December, Rise Church, Lightsview, 10.00am

Christmas Family Fun Day, 15 December, Encounter Church, Evanston Gardens, 10.00am

WonderFULL Christmas Festival, 20 December, Playford Uniting Church, Playford, 5.00pm

'The Man in the Suit', 20–22 December, Victory Church, Pooraka, 7.00pm, \$5

Christmas Festival 2019, 21 December, Hampstead Gardens Church of Christ, 5.30pm–7.30pm

East

Christmas at the Rotunda, 15 December, Soldier's Memorial Gardens Unley, 6.00pm

South

Christmas Celebration, 15 December, Trinity Church Brighton, Hove, 5.00pm

Regional

LifeHouse Christmas Festival, 13–15 December, LifeHouse Church, Murray Bridge, 7.00pm

Greenock Christmas Feast-ival, 13 December, Greenock Centenary Park, Greenock, 5.00pm

Freeling Christmas Street Party, 13 December, Freeling, 5.00pm

Mallala Christmas Festival, 13 December, Journey Uniting Church, Mallala, 6.30pm

Goolwa Christmas Festival, 15 December, Cadell Street & Goolwa Oval, Goolwa, 6.00pm

Loxton Christmas Tree Festival, until 17 December, Loxton CWA Hall, 11.00am

Woodside Christmas Party & Street Parade, 19 December, Onkaparinga Valley Road, Woodside, 6.30pm

CHRISTMAS DAY LUNCH (BOOKINGS ESSENTIAL)

MarionLIFE Community Services, Marion Church of Christ auditorium, Mitchell Park, 12.00pm, \$5

Café Hope, corner Short & Ashfield Roads, Elizabeth, 11.30am

Salisbury City Rotaract, Parafield Gardens Community Club, 12.00pm

St Luke's Church, Whitmore Square, Adelaide, 10.00am

Fruity yoghurt bark



Serves 8 | Prep 5 min

Ingredients

600g Greek-style yoghurt
½ cup raspberries
½ punnet strawberries, sliced
½ passionfruit, pulped

Method

1. Line a baking tray with cling wrap.
2. Blitz yoghurt and raspberries (or mango, blueberries, banana, nectarine, strawberries) in a food processor and spread evenly onto prepared tray.

3. Decorate with strawberries and passionfruit (or mango, blueberries, blackberries, plum, banana, peach) and place in the freezer until completely frozen. Cut into shards to serve.

Notes

Get creative and switch the flavours around – pureed mango topped with banana; blueberries topped with mango and raspberries; peach and strawberry; blackberry and banana; or nectarine and plum.

Recipe and photo from Woolworths

Coconut snowballs



Yields 24 balls | Prep 30 min

Ingredients

2 cups desiccated coconut + more for coating
1 cup puffed rice
50g coconut oil (approx 3 tbsp)
3 tbsp honey
2–3 tbsp coconut milk

Method

1. Place coconut, puffed rice and oil in a food processor and blitz until very fine.
2. Add honey and coconut milk and blitz until well combined and starting to come together.

You may need an extra tablespoon of coconut milk.

3. Refrigerate the mix for approximately 15 mins.
4. Roll into 24 balls (approx 2 tsp of mix per ball).
5. Roll in additional desiccated coconut if desired.
6. Refrigerate for 1–2 hours.
7. Serve.

Notes

Balls can be stored in the refrigerator for 7 days or frozen for up to 3 months.

They are best served chilled.

If you initially refrigerate the mix for too long and they are hard to roll into balls, give the cooled mix a quick blitz.

The coconut milk can be substituted for milk or water.

Recipe and photo from *My Kids Lick the Bowl*

A place to call home

Maz has been in her Cornerstone home for over eight years.

We are pleased to say she is in the process of purchasing her community housing property!

There were many things that helped Maz work towards homeownership.

Maz says that completing her Masters in Social Work and slowly returning to work was key to helping her buy a home.

‘Going to a financial counsellor when I was on a single parenting payment helped me to build confidence and a sense of control. I also lived on a tight budget with second-hand things without relying on credit’, she says.

‘Thank you, Cornerstone, for bringing stability, security, a place of rest. The foundation of a home has meant I could be still and recover.’



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